

TRI-COUNTY REGIONAL CENTRE FOR EDUCATION
POLICY and PROCEDURES

Title	Effective Date	No. of Pages
<p align="center">No. 418 Health Promoting Schools</p>	<p align="center">June 7, 2011</p>	<p align="center">2</p>

It is the policy of the Tri-County Regional Centre for Education to follow the principles of Health Promoting Schools as defined by the Nova Scotia Department of Education and the Nova Scotia Department of Health and Wellness.

Definition:

A Health Promoting School is one that constantly strengthens its capacity as a healthy setting for learning, living and working. World Health Organization (1996)

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Principles:

A Health Promoting School supports the “whole child” approach and strives for the following:

1. To promote the health and well-being of all students, staff and the school community.
2. To involve students’ participation, decision-making, choices and actions.
3. To involve parent(s)/guardian(s) and families in Health Promoting Schools.
4. To provide a safe, respectful and encouraging environment.
5. To promote fairness and equity.
6. To value all human beings.
7. To work with the local community to plan, partner and act.



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8. To set goals, outcomes and actions which are realistic, achievable and measurable.
9. To link health with education system resources, student achievement and school performance.
10. To integrate Health Promoting School principles, planning and policy into all parts of school life.

Approved by the Tri-County Regional Centre for Education – June 7, 2011